

HOLDING OUT FOR A HERO

SONG: "HOLDING OUT FOR A HERO" by BONNIE TYLER. **ALBUM:** "GREATEST HITS"
ORIGINAL POSITION: FEET TOGETHER WEIGHT ON THE LEFT FOOT.
CHOREOGRAPHER: GORDON ELLIOTT. Sydney, NSW. AUSTRALIA. December 2011.
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BEATS	STEPS: This dance is done in FOUR directions. Introduction : 16 Beats
1, 2 3, 4 5, 6 7, 8	VINE RIGHT & KICK, SIDE, KICK, SIDE, TOUCH VINE : STEP R TO THE SIDE, STEP L BEHIND RIGHT, STEP R TO THE SIDE, KICK L ACROSS IN FRONT OF RIGHT, STEP L TO THE SIDE, KICK R ACROSS IN FRONT OF LEFT, STEP R TO THE SIDE, TOUCH L TOE TOGETHER.
1, 2 3, 4 5, 6 7, 8 ###	VINE LEFT & KICK, SIDE, KICK, SIDE, TOUCH VINE : STEP L TO THE SIDE, STEP R BEHIND LEFT, STEP L TO THE SIDE, KICK R ACROSS IN FRONT OF LEFT, STEP R TO THE SIDE, KICK L ACROSS IN FRONT OF RIGHT, STEP L TO THE SIDE, TOUCH R TOE TOGETHER.
1, 2 3, 4 5, 6 7, 8	BACK, TOUCH, BACK, TOUCH, BACK, TOUCH, BACK, TOUCH STEP R BACK AT 45° RIGHT, TOUCH L TOE TOGETHER & CLAP, STEP L BACK AT 45° LEFT, TOUCH R TOE TOGETHER & CLAP, STEP R BACK AT 45° RIGHT, TOUCH L TOE TOGETHER & CLAP, STEP L BACK AT 45° LEFT, TOUCH R TOE TOGETHER & CLAP,
1, 2 3, 4 5, 6 7, 8 #	HEEL STRUT, HEEL STRUT, HEEL STRUT, HEEL STRUT STRUT : STEP R HEEL FORWARD, DROP R TOE TO THE FLOOR, STRUT : STEP L HEEL FORWARD, DROP L TOE TO THE FLOOR, STRUT : STEP R HEEL FORWARD, DROP R TOE TO THE FLOOR, STRUT : STEP L HEEL FORWARD, DROP L TOE TO THE FLOOR.
1, 2 3, 4 5, 6 7, 8	PADDLE TURN, PADDLE TURN, JAZZ BOX PADDLE : STEP R FORWARD, TURN 90° LEFT TAKE WEIGHT ONTO L, PADDLE : STEP R FORWARD, TURN 90° LEFT TAKE WEIGHT ONTO L, JAZZ BOX : STEP R ACROSS IN FRONT OF LEFT, STEP L BACK, STEP R TO THE SIDE, STEP L FORWARD.
1, 2 3, 4 5, 6 7, 8 ##	PADDLE TURN, PADDLE TURN, JAZZ BOX PADDLE : STEP R FORWARD, TURN 90° LEFT TAKE WEIGHT ONTO L, PADDLE : STEP R FORWARD, TURN 90° LEFT TAKE WEIGHT ONTO L, JAZZ BOX : STEP R ACROSS IN FRONT OF LEFT, STEP L BACK, STEP R TO THE SIDE, STEP L TOGETHER.
1, 2 3, 4 5, 6 7, 8	HEELS, TOES, HEELS, CLAP, HEELS, TOES, HEELS, CLAP SWIVEL BOTH HEELS TO THE RIGHT, SWIVEL BOTH TOES TO THE RIGHT, SWIVEL BOTH HEELS TO THE RIGHT, HOLD & CLAP, SWIVEL BOTH HEELS TO THE LEFT, SWIVEL BOTH TOES TO THE LEFT, SWIVEL BOTH HEELS TO THE LEFT, HOLD & CLAP.
1, 2 3, 4 5, 6 7, 8 **	FORWARD, TOUCH, BACK, TOUCH, 1/4 SIDE, TOUCH, SIDE, TOUCH STEP R FORWARD, TOUCH L TOE TOGETHER, STEP L BACK, TOUCH R TOE TOGETHER, TURN 90° LEFT STEP R TO THE SIDE, TOUCH L TOE TOGETHER, STEP L TO THE SIDE, TOUCH R TOE TOGETHER.
64	REPEAT THE DANCE IN NEW DIRECTION
1, 2, 3, 4	RESTART 1 : On WALL 4 dance to BEAT 32 (#) then RESTART facing 9.00 TAGS : At the END (**) WALL 5 (12.00) & WALL 6 (9.00) add the following 4 beat tag: STEP R TO THE SIDE PUSH HIPS RIGHT, PUSH HIPS LEFT, PUSH HIPS RIGHT, PUSH HIPS LEFT.
1, 2, 3, 4	RESTART 2 : On WALL 7 dance to BEAT 48 (###) and RESTART facing 9.00 TAG & RESTART : On WALL 9 dance to BEAT 16 (###) add the following tag & restart facing 6.00 STEP R TO THE SIDE PUSH HIPS RIGHT, PUSH HIPS LEFT, PUSH HIPS RIGHT, PUSH HIPS LEFT.